

Beyond the Blues contains the most up-to-date information about risk factors, diagnosis, treatment, and prevention of mood disorders in pregnancy and postpartum. Straightforward yet compassionate, it is required reading for all who work with pregnant and postpartum women, as well as for those suffering before or after the baby is born.

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Beyond the Blues, Understanding and Treating Prenatal and Postpartum Depression This Isn't What I Expected: Overcoming Postpartum Depression Birth Partner 5th Edition: A Complete Guide to Childbirth for Dads, Partners, Doulas. Beyond the Blues: Understanding and Treating Prenatal and Postpartum Depression & Anxiety by Shoshana Bennett, Ph.D. And Pec Indman, Ed.D., MFT is a. Beyond the Blues: A Guide to Understanding And Treating Prenatal And . with prenatal and postpartum mood disorders, including depression, anxiety. Beyond the Blues: A Guide to Understanding and Treating Prenatal and Postpartum Depression. Linda H Chaudron MD, MS. Assistant. Beyond the Blues: A Guide to Understanding and Treating Prenatal and Postpartum Depression. Front Cover. Shoshana S. Bennett, Pec Indman. Moodswings. Beyond the Blues: A Guide to Understanding And Treating Prenatal And Postpartum and , new mothers experience postpartum depression (PPD).

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