

In the tradition of *The Sociopath Next Door*, clinical psychologist Joseph Burgo's *The Narcissist You Know* is a "clear, easily digestible" (Kirkus Reviews) guide to help you identify, disarm, and coexist with extreme narcissists. In today's social media and selfie-obsessed culture, we are living in an age of narcissism and a society that often celebrates this potentially harmful trait rather than understanding it as a psychological disorder. Scientists are beginning to learn that narcissism exists on a spectrum much like autism and most of us exhibit some mild narcissistic tendencies. But one in twenty people fall into a category the author refers to as Extreme Narcissism, in which these self-absorbed characteristics result in destructive behavior that harms not only the individual but everyone around them, including friends, family, and coworkers. With more than thirty years of experience studying personality disorders and treating extreme narcissists, Dr. Joseph Burgo has developed a useful guidebook to help you "spot narcissists out there in the wild" (Glamour) and then understand and manage the narcissistic personalities in your own life. Relying on detailed profiles, vignettes from the author's practice, and celebrity biographies, *The Narcissist You Know* offers easy-to-understand tools and solutions you can use to defuse hostile situations and survive assaults on your self-esteem should you ever find yourself in an extreme narcissist's orbit.

Peeps, First Steps In Mental Growth; A Series Of Studies In The Psychology Of Infancy, Technology Transfer in U.S. Aeronautics: U.S. Government Support of the U.S. Commercial Aircraft Industry, Minutes of proceedings of the Institution of Civil Engineers Volume 122, pt. 4, Wild About Barnes: The Village on the River, China (Globe-Trotters Club), Betrayals: Fort William Henry and the Massacre, Vampire in Defiance (Family Blood Ties) (Volume 5),

That's how Joseph Burgo opens his introduction to *The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age*. *The Narcissist You Know* has ratings and 56 reviews. Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age as Want to Read. A guide to defending oneself from narcissism in the selfie age. Defending Yourself Against Extreme Narcissists in an All-About-Me Age. The Paperback of the *The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age* by Joseph Burgo PhD. Buy a discounted Paperback of *The Narcissist You Know* online from Defending Yourself Against Extreme Narcissists in an All-About-Me Age. It might seem narcissism is everywhere in the age of selfies and too-good-to-be-true Facebook lives. *The Narcissist You Know -- Defending Yourself Against Extreme Narcissists in an All-About-Me Age*, told ABC News.

*The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age*. Joseph Burgo PhD. within the culture of *The Sociopath*.

Even more surprising to me was the fact that I had been attracted to the book *The Narcissist You Know: Defending Yourself Against Extreme*.

*The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age*. Front Cover. Joseph Burgo. Touchstone. Listen to a sample or download *The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an All-About-Me Age* (Unabridged) by Joseph. 16 Dec - 8 sec *The Narcissist You Know Defending Yourself Against Extreme Narcissists in an AllAboutMe*. 3.

*The Narcissist You Know: Defending Yourself Against Extreme Narcissists in an*

All-About-Me Age. Written by Joseph Burgo, PhD. Narrated by Christopher Lane.

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